

## Lunch Menu

## **Dows Lane Elementary**

## **Main Street School**

June 2023

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Fish Tacos* Brown Rice Or Chicken Patty on Whole Wheat Bun* Broccoli	Fresh Baked Cheese or Pepperoni Pizza (P)* Or Hamburger on Whole Wheat Bun*
			Roasted Carrots	Fresh Cucumber Slices
5	6	7	8	9
Beef Nachos * Or Chicken Nuggets * Breadstick  Mashed Potato	Chicken Parmesan* Spaghetti Sauce Spaghetti Pasta Or Grilled Cheese on Whole Wheat Flat Bread*  Zucchini	Soft Chicken Tacos* Or Beef Burger on Whole Wheat Bun*  Roasted Carrots	French Toast* Chicken Sausage Syrup Or Chicken Patty on Whole Wheat Bun*	Fresh Baked Cheese or Pepperoni Pizza (P)* Or Cheeseburger on Whole Wheat Bun*
Fresh Broccoli	Red Peppers Strips	Pinto Beans	Mix Vegetables Fresh Celery Stick	Baby Carrots
12	13	14	15	16
Hot Dog on Whole Wheat Bun* Or Chicken Nuggets*	French Toast* Chicken Sausage Syrup Or Chicken Patty on Whole Wheat Bun*	Cheese Ravioli* Spaghetti Or Grilled Cheese on Wheat Flatbread*	Chicken Quesadilla* Or Hamburger on Whole Wheat Bun*	Fresh Baked Cheese or Pepperoni Pizza (P)* Or Hot Dog on Whole Wheat Bun*
Mashed Potato Roasted Carrots	Mexicali Corn Red Peppers Strips	Steamed Broccoli Cauliflower	French Fries Zucchini	Kidney Beans Carrots
19	20	21	22	23
Juneteenth School Closed  JUNETEENTH FREEDOM DAY	Have a Great Summer!	Early Release  Schools  SCHOOLS	Early Release  ** ** ** ** ** ** ** ** ** ** ** ** *	School Closed
26	27	28	29	30
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**Available Every Day** 

Bagel with Cheese Stick offered as a Complete Meal, including vegetable, fruit and milk

<u>Click here</u> to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.

A Gluten Free Meal is available with 1 day notification

If you have any questions/concerns regarding this menu or there are special dietary needs, please email <a href="mailto:slower:globale

All Meals include: Entrée, Fresh Fruit, and Choice of Milk-Fat Free White, or 1% White and Bread/Grain (All grains served are whole grain)

